

# IDEAS FOR PARTICIPATING IN PRAY FOR DOBBS



Feel free to use or adapt from these ideas now through the announcement of the decision, which is expected in June 2022.

## INDIVIDUALS

- **Register** for the National Prayer Event (Thursday, November 18 at 8 PM EST), and **invite others** to do the same. (Register at [www.prayfordobbs.com](http://www.prayfordobbs.com).)
- **Sign up for periodic updates** on [www.prayfordobbs.com](http://www.prayfordobbs.com).
- Connect with the leader(s) of your church, ministry, or school, and **ask them to spread the word** about *Pray for Dobbs*. Let them know of the resources available at [www.prayfordobbs.com/resources](http://www.prayfordobbs.com/resources), and **ask how you can help**.
- **Choose a time during the day** (ex: 6 pm) to say a prayer for the case.
- **Fast once a week** (For example, skip a meal; limit yourself to two small meals that do not equal a third, regular meal; or abstain from food for a day.). Or, fast from something else, like your schedule, by offering an hour of your time to God in prayer, or fast from videos, television, or social media for a day.)
- Attendees of church could host **house prayer gatherings**.



## COMMUNICATIONS

- Send out/post social media graphics (**provided**) to help people pray for the outcome of *Dobbs v. Jackson Women's Health Organization*. Encourage individuals to repost.
- **Feature the promotional graphics for the national prayer event** on monitor displays and websites, and in newsletters and bulletins.
- Communications specialists/social media coordinators for ministries/churches can record **videos of pastors** speaking about the case and inviting people to attend the online national prayer event on Thursday, November 18 at 8 PM (EST). Post on social media, email a link to the post, and encourage others to share.
- Share a **weekly reminder** to pray for the case (on social media, at Sunday/midweek service or Mass, in newsletters, etc.). Encourage others to share the reminder.
- If your church posts weekly sermons to the Podcast app, you can make a snippet announcement to tag onto the beginning of the message. Encourage people to pray and sign up for updates at [www.prayfordobbs.com](http://www.prayfordobbs.com).
- If your church provides **welcome cards** for congregants, consider including **#PrayforDobbs** and/or [prayfordobbs.com](http://prayfordobbs.com) on those.
- If your church has **an app**, use that to promote prayer gatherings, information on the case, Sunday teaching(s) on sanctity of life, etc.



## LEADERS

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- Preach on the importance of the *Dobbs* case (i.e. **#PrayforDobbs Sunday**), or make it a part of the weekly announcements. (**Sample announcements are provided** at [www.prayfordobbs.com/resources](http://www.prayfordobbs.com/resources).)
- If your church has **smaller ministries** (prayer, pro-life, men's, women's, young adults, etc.) take some time during those gatherings to **pray** for a just outcome to the case.
- Churches/organizations **collectively choose a time during the day (ex: 6 pm) to pray** for 10+ minutes about the case and **invite members to pray at that time.**

## EVENTS

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- Hold a special prayer vigil the day of oral arguments (**Dec. 1, 2021**).
- Hold a **monthly prayer gathering**. (This could be for individual churches **or** one, large virtual gathering of multiple churches, and individual churches could sign up for **30-minute prayer slots.**)

